

CORONAVIRUS COMMUNITY UPDATE

Issue Date: 7 April 2020

We are working together to ensure your health and wellbeing is a priority at all times especially our "at risk" community members. It is everybody's job to be a part of the solution.

LATEST INFORMATION

There is **1** confirmed case in Yarriambiack Shire Council.

Yearly **Flu shots** are available now – contact your local GP to get yours.

RNH Hopetoun Urgent Care have implemented temporary changes due to Covid-19. Please call 000 for life threatening conditions, your GP for non-urgent care and if you are unsure call Hopetoun or Warracknabeal for advice.

RNH is very focused on workforce planning.

Woodbine has been successful in purchasing 10 non-contact infrared thermometers.

If people in town have no one to assist them during this time of Isolation **Woodbine** will be able to help with various tasks. Please call the office on 5398 2166.

Please ensure you are getting your information from reputable sources. For all current information regarding Coronavirus please visit <https://www.dhhs.vic.gov.au/coronavirus>

If you or someone you know is struggling the Rural Outreach Program may be able to help. For more information call 1300 OUTREACH (1300 688 732)

CLOSURES

Woodbine

- Pool is closed until further notice.
- Craftworks is closed to the public.
- YarriYak Café, Op Shop and Country Essentials are all closed.
- Cleaning and gardening services not available

Yarriambiack Shire

- Warracknabeal Customer service closed. Will be assessed weekly. Staff are available to take enquires for Council and VicRoads matters on 5398 0100 or via email info@yarriambiack.vic.gov.au
- Warracknabeal Leisure centre closure will be reassessed weekly
- Warracknabeal Library closed from Friday 20 March. The situation will be assessed prior to reopening. Library users can still loan and return books by contacting 5398 1270 during hours of operation.

This information is subject to change. Please contact the relevant service directly if you have any questions.

ONGOING INFORMATION

To further protect **Rural Northwest Health** residents and patients NO VISITORS are currently permitted to enter our Hopetoun or Warracknabeal campuses.

RNH Social Work team will continue to provide a telephone care service.

RNH team members are continuing to increase training to ensure our team are prepared for the situation at hand.

RNH Allied Health Services are still available based on clinical need, including Podiatry, Physiotherapy and Occupational Therapy.

Some **RNH** team members are now working off-site, but can still be contacted through main reception.

The **Royal Flying Doctor Service** is now able to provide Telehealth appointments.

RNH Sharing Kindness initiative launched. Please send letters, stories and pictures to share with residents to kindness@rnh.net.au – Register to volunteer to video chat with residents by calling Rebecca on 0425 648 191

Yarriambiack Medical Clinic is still open for patients, please remember to phone ahead and complete the form on arrival.

Yarriambiack Shire Council Public toilets will have a disinfection clean in addition to their regular clean. A number of public toilets will be closed from Tuesday 24th March 2020, please see the website for full details.

The **Warracknabeal branch Library** will be closed to the public from 5:30pm on Friday the 20th March for four weeks but members can call 03 5398 1270 during hours of operations to order a book collection from the front of the branch. Mobile Library service suspended.

Warracknabeal Laundromat is limited to 2 people at a time inside due to new regulations

PHYSICAL ACTIVITY during isolation is important for your mental health, immunity and relieving stress and anxiety. **RNH** is still supporting Active April and encourages everyone to register. Find out more at <https://rnh.net.au/active-april/>

If you experience symptoms including fever, shortness of breath, cough, sore throat or fatigue:

Please do not come to a Rural Northwest Health Service facility or Doctor's clinic, please follow below:

Call

- Your local GP / doctor clinic during practice hours; or
- The Coronavirus Hotline on 1800 675 398; or
- Rural Northwest Health on 5396 1200 Warracknabeal or 5083 2000 Hopetoun

In an emergency call "000"

Wash hands regularly

